

## ***Delighting in the Lord's Day*** ***(Isaiah 58:13-14)***

Keeping the Sabbath or observing the Sabbath is not an option, it's a command given to God's people. We are to take pleasure in obeying His words. Observing or celebrating the Sabbath rest should be a blessing to us because it is God's gift (Mark 2:27). We are to keep (observe) it as holy. It must be set apart (different, special) from the rest of the week.

### ***Sermon Outline***

#### **4. *The \_\_\_\_\_ of the day of Sabbath***

Seventh day (Saturday) is the Jewish Sabbath. But why do majority of Christians today observe the Sabbath on a Sunday?

God's primary and ultimate objective in giving the Sabbath is rest for His people (physically and spiritually). Our ultimate rest is found in our salvation in Christ (Matthew 11:28-29). We are complete in Him (Heb. 12:2) and His work of redemption was completed in His resurrection (Isa. 53:10-11). His resurrection became the heart of the gospel (Acts 2:31; 4:2,3,10; Rom. 10:9 and 1 Cor. 15:4). Jesus rose from the dead on the first day of the week (Sunday) and so the Apostles understanding this truth, changed the day of worship and celebration of our redemption (rest) was changed to the first day, the Lord's day (John 20:26; Acts 20:7; 1 Cor. 16:1-2; Rev. 1:10).

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#### **5. *The \_\_\_\_\_ for the day of Sabbath***

In the observance of the Lord's Day, we must avoid two extreme views; legalism and lawlessness. Legalism says, do nothing on the Sabbath; lawlessness says do whatever you want on Sabbath." The proper attitude is to delight in the Sabbath. We delight in the Lord's Day when we join with God's people in corporate worship (Hebrews 10:24; Psalm 92:1-4; 100:1-4). We have been created and saved to worship God (John 4:21-24).

Is it wrong to work on the Lord's Day? In Matthew 12:1-14, Mark 2:23-3:6; Luke 6:1-11 the Lord Jesus Christ gave provisions for legitimate work on the Sabbath. Two categories of work are permissible on a Sabbath:

a. Works of \_\_\_\_\_ (Matthew 12:1-8)

Jesus quoted 1 Samuel 21:1-6 to teach the principle that it is acceptable to do work on a Sabbath as long as the work is necessary to for the preservation of life.

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b. Works of \_\_\_\_\_ (Matthew 12:9-14)

Healing on a Sabbath was unlawful to the Pharisees (Luke 13:14). But Jesus healed (worked) on a Sabbath because it was an act to promote the well-being of people. It is wrong to work on the Lord's Day when the goal is self-promoting and self-indulging (Isaiah 58:13).

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The Lord's Day is a great gift that God has given to us so that we might enjoy our worship of Him and he benefits of His work in us. Use the Lord's Day properly. Use it as a day of rest for your body and refreshment for your soul. Make the Lord's Day a delight!